

# LAWN WATERING GUIDE

Maintaining an attractive and healthy lawn requires less water than you might think, especially if you apply the right amount of water at the right time as evenly as possible. Follow these simple steps to a healthier, more attractive, and water-efficient lawn.

## 1. DETERMINE WHAT TYPE OF LAWN YOU HAVE.

Determine if your lawn is composed of a warm-season or cool-season grass.

Warm-season grass: Bermudagrass, Zoysia, St. Augustine grass.

Cool-season grass: Tall Fescue, Kentucky Bluegrass, Perennial Ryegrass.

## 2. DETERMINE THE AMOUNT OF WATER YOUR SPRINKLERS APPLY AND HOW EVENLY THEY APPLY IT.

Set six or more straight-sided, flat-bottomed cans (tuna or cat food cans work well) evenly spaced about every 6 feet or so on your lawn. Run the sprinklers for 20 minutes and, using a ruler, measure the depth of water in inches in each can. Add up the depth of water in all cans and divide by the number of cans to determine the average depth. Multiply the average depth by 3 to determine how much water your sprinklers applied in inches per hour.

If more than a 15 to 20 percent difference exists among the depths of water in individual cans, there are probably some significant problems with the sprinkler system that need to be corrected to improve the evenness of the water application. See *How to Save Water in Your Garden and Landscape* for a list of sprinkler system problems and possible solutions.

## 3. DETERMINE HOW LONG TO WATER YOUR LAWN EACH WEEK

Use Table 1 to determine the total number of minutes to water your lawn each week based on the time of the year, your location, your type of lawn, and how much water your sprinkler applies in inches per hour. The amounts of time to water listed in Table 1 are based on average weather conditions over a 30-year period. You may have to adjust the watering time slightly to compensate for current weather conditions.

## 4. WHEN AND HOW TO WATER.

Now you know how many minutes to water each week. When and how to water largely depends on the type of soil you have. Heavy, very fine-textured soils, like clay, hold more water so they can go for a longer period of time between waterings. On the other hand, light, very coarse-textured soils, like those with a large quantity of sand, hold less water so they can go only short periods of time between waterings. While the total minutes you run your sprinklers each week remains the same for either type of soil, the manner in which it is applied will vary.

For example, if you determined you must water for 60 minutes each week, you may only have to water one time a week if you have a clay soil. Conversely, if you had a sandy soil, it would probably be best to break up that 60 minutes into three 20 minute waterings evenly spaced throughout the week.

### Avoiding Run-Off and Waste

Most sprinkler systems apply water much too fast, faster than the lawn and soil can absorb it, especially if your lawn is on a slope, the soil is compacted, and/or the soil is heavy, like clay. Too much water at one time is wasteful, and can lead to an unhealthy lawn and adjacent plants since most of the water will run

off down the driveway or puddle in low areas. In such cases, you will probably have to split the amount of watering time each day you water into several short cycles as described below.

Turn on your sprinkler system at the same time you normally water and record the amount of time it takes before water begins to run off. Divide the total number of minutes you should water that day by the number of minutes it took for run off to occur. This amount will determine how many cycles you need to water.

For example, if you must water for 20 minutes on a particular day and water runs off after 5 minutes, you should water 4 times that day of 5-minute cycles each ( $20 / 5 = 4$ ). Wait 10 to 15 minutes after a five-minute cycle before beginning the next cycle so that the water has a chance to penetrate into the soil.

### How to Water Your Lawn with a Hose-End Sprinkler.

If you do not have a sprinkler system, you are not alone. In fact, many Californians use hose-end sprinklers to water their lawns and yards. You can still save water and have an attractive, healthy lawn without installing an expensive sprinkler system by following the same Steps 1 – 4 described above with only a few changes in Step 2.

For Step 2, turn the faucet on to the same level at which you would normally water to determine the sprinkler spray pattern on the lawn. Evenly space the water catch cans throughout the spray pattern. Run the sprinkler for 20 minutes as described in Step 2 to determine the amount of water the sprinkler applies in inches per hour. Now continue with Steps 3 and 4.

Here are some tips to improve coverage and save water when using a hose-end sprinkler:

- When moving the sprinkler around the lawn, each new position should be at the perimeter

of the spray pattern of the previous spot. Such positioning ensures adequate sprinkler overlap, thus improving coverage.

- Use several sprinkler positions, each with a smaller spray pattern, rather than one position with one large spray pattern.
- Move the sprinkler to several locations to prevent dry areas if trees or other plants block the spray pattern. Avoid wetting tree trunks.
- Avoid watering sidewalks, driveways, or the house.
- Try to maintain the same pressure and flow during each watering to keep sprinkler output as consistent as possible. One way is to keep a record of how many turns of the faucet gave the preferred volume. Keep track of the total watering time with an inexpensive household timer.
- Check for leaks between the faucet, hose, and sprinkler. A new rubber washer is inexpensive and easy to install.

See *How to Save Water in Your Garden and Landscape* for additional water-saving tips.

Ask your garden center professional for additional information and assistance about watering your lawn.

**For answers to gardening questions contact the Colusa County Master Gardener Hot Line: 530-458-0570**

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Table 1  
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Region 4: Sacramento Valley

**Warm-Season Grass**

Minutes to water each week  
If hourly sprinkler output is:

	.05 in	1.0 in	1.5 in	2.0 in
Jan	19	09	06	05
Feb	44	22	15	11
Mar	69	35	23	17
Apr	101	50	34	25
May	126	63	42	32
Jun	158	79	53	39
Jul	164	82	55	41
Aug	145	72	48	36
Sep	113	57	38	28
Oct	82	41	27	20
Nov	38	19	13	09
Dec	19	09	06	05

**Cool-Season Grass**

	.05 in	1.0 in	1.5 in	2.0 in
Jan	25	13	08	06
Feb	59	29	20	15
Mar	92	46	31	23
Apr	134	67	45	34
May	168	84	56	42
Jun	210	105	70	53
Jul	218	109	73	55
Aug	193	97	64	48
Sep	151	76	50	38
Oct	109	55	36	27
Nov	50	25	17	13
Dec	25	13	08	06

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