

# COLUSA COUNTY 4-H NEWSLETTER

## March 2019



### UPCOMING EVENTS

<u>DATE</u>	<u>EVENT</u>	<u>PAGE</u>
<b>MARCH</b>		
15	Fashion Review entries due	9
9	Home Ec Review/Cooking Craze	7-8
23	Fashion Review	9
<b>APRIL</b>		
27	Colusa County Fair Horse Show	11
<b>MAY</b>		
11	Northern Area 4-H Presentation Day	

“If you don’t know where you want to go, then it doesn’t matter which path you take”

The Cheshire Cat



Nicole Marshall-Wheeler  
Colusa, Sutter-Yuba Counties 4-H Advisor  
nmarshall@ucanr.edu

Aubrey Furukawa  
Colusa County 4-H Program Representative  
aefurukawa@ucanr.edu

Phone: (530) 458-0570





# Aubrey's Announcements Record Book Workshop



## AUBREY'S ANNOUNCEMENTS

Hello Colusa County 4-H'ers! Spring is right around the corner, so time to gear up for 4-H events! Upcoming we have the Colusa County Fashion Review, please note you do not need to be in a clothing or sewing project to enter in the Fashion Review, you can enter in the \$40 Challenge category! Pick out an outfit by shopping smart and staying under \$40 and model it at this county event, see Fashion Review page for more info (registration is due this Friday!). Also coming up is the Small Animal Field Day, there is no pre-registration required for this event, you can come and learn about poultry, rabbits and pygmy goats this year! Small Animal Field Day is on April 6<sup>th</sup> at the Colusa County Fairgrounds. Please check out our Community Service project for the month of March and April, we will be having jeans drives at your club meetings and making dog toys to give to active duty K-9's! I look forward to seeing what you guys make and being able to honor some of our four legged heroes.

## COLUSA COUNTY FAIR INFORMATION

The Colusa County Fair Theme is "80 years of American Flair at the Colusa County Fair".

<u>SPECIES</u>	<u>ONLINE ENTRY DEADLINE</u>	<u>WEIGH IN DATE (at the Fairgrounds)</u>
Hog, Lamb, Goat	April 4	April 8 from 3:30 to 5 p.m.
Market Rabbit & Poultry	May 2	May 6 from 3:30 to 5 p.m.
Breeding & Primary	May 2	

Fairgrounds Work Day is Saturday, May 11, from 9 a.m. to noon.

**Message from the Fair Livestock Office: Please note that when you enter online, please put your mailing address in your entry form. If you don't and the fair mails out your checks, they will be returned and delayed in reaching you.**

Any Livestock exhibitor must complete Youth for the Quality Care of Animals (YQCA) training online. Here are the links to get started. One is to register and the others are for general questions and technical issues. You will need to have the course completed by May 3, 2019.

<http://yqca.org/> Registration login      General questions [info@yqca.org](mailto:info@yqca.org)

Technical difficulties [help@yqca.org](mailto:help@yqca.org)





# MARCH 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Williams 4-H, 6:30	5	6 Maxwell 4-H, 6	7	8	9 Home Ec Review
10	11 Colusa 4-H, 6 Arbuckle 4-H, 7 Princeton, 6:30	12	13	14	15 Fashion Review entries due	16
17	18	19	20 4-H Council Meeting, 6:30	21	22	23 Fashion Review, 9 A.M.-1 P.M. CIP Conf. Room
24/31	25 Colusa 4-H Swine, 6	26	27	28	29	30

## COLUSA COUNTY 4-H CLUBS

Arbuckle 4-H Club meets at Arbuckle Elementary School Multipurpose Room, 2nd Monday of the month, 7:00 p.m.

Colusa Community 4-H Club meets at St. Bernadette's Hall, Gym/Multipurpose Room, on varying Mondays, 6:00 p.m.

Colusa 4-H Swine Club meets at the Colusa Industrial Properties Conference Room, on varying Mondays, 6:00 p.m.

Maxwell 4-H Club meets at Maxwell Elementary School Multipurpose Room, 1st Wednesday of the month, 6:00 p.m.

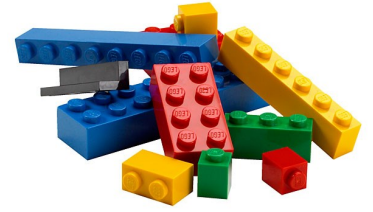
Princeton 4-H Club meets at Princeton High School Cafeteria, 2nd Monday of the month, 6:30 p.m.

Williams 4-H Club meets at the Williams High School College & Career Center, 1st Monday of the month at 6:30 p.m.





# APRIL 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> Williams 4-H, 6:30	<b>2</b>	<b>3</b> Maxwell 4-H, 6	<b>4</b> Hog, Lamb, & Goat online entries due	<b>5</b>	<b>6</b> Small Animal Field Day
<b>7</b>	<b>8</b> Hog, Lamb, & Goat Weigh In Colusa 4-H, 6 Arbuckle 4-H, 7 Princeton 4-H, 6:30	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> Colusa County Fair Horse Show
<b>28</b>	<b>29</b> Colusa 4-H Swine, 6	<b>30</b>				

## COMMUNITY SERVICE PROJECT: JEANS WANTED!

For the months of March and April please bring any unwanted jeans to your club meeting (please wash them before donating). I will be cutting them up into strips for you all to braid into dog toys. I am currently working on finding current active duty K-9's to take the toys to. We may even be able to send some over seas to military dogs, if anyone knows of local city's first responders who's pups may appreciate a toy, please let me know! We will send out more information as it becomes available.





# Home Ec Review & LEGO Challenge



## HOME EC REVIEW

Date: March 9, 2019

Time: 9 am - Registration and Check In

Location: Maxwell Elementary School

Home Ec. Review is a day designed to provide members with the opportunity to showcase what they are learning within their project areas. They get public speaking practice while showcasing their projects and the chance to receive awards for their exhibits. We have various project categories you can participate in such as, Arts & Crafts, Cake Decorating, Leathercraft, Photography, Sewing, Quilting, Food/Nutrition, LEGO, Arts & Crafts Expo., etc. There is something for everyone and we encourage all members to participate, even Primary members (5-8 years old)!

Members may enter a table setting and a stand-alone entry in the same category. Members **MUST** be enrolled in the project to exhibit in the category (no exceptions).

Volunteers are also needed for Home Ec Review. Please call the office at 458-0570 or click [here](#) to sign up online if you are interested in helping us in any of the following! We so appreciate our volunteers!

Registration Table

Tabulation Room

Monitors

Runners

Reason's Judge

Judge for the entries: Arts and Crafts, Cake Decorating, Ceramics, Commodities, Floral Design, Foods & Nutrition, Cooking Craze Competition, Mini Gardens, Photography, Scrapbooking, etc.

## LEGO CHALLENGE

Grab those LEGO's and make a shamrock of your own design! Take a picture, and send it to [jpperry@ucanr.edu](mailto:jpperry@ucanr.edu) and you may see it in a future newsletter! Let's see what you can come up with!

Have you been making any self portraits? Send them as well and let's see what everyone is working on!

Want a head start for April? Let's see your chicks, Easter eggs, rabbits, and more!





# Cooking Craze!



Returning again this year at Home Ec. Review, put those cooking skills to the test for our Cooking Craze challenge! Do you like watching cooking competition shows on TV like Iron Chef or Chopped? Have you ever wondered what it's like to be under time pressure and present a dish to the judges? Well, now you can experience it for yourself! We will be hosting Cooking Craze this year during Home Ec. Revue where you will have 1 hour to plan, prepare and plate a dish for a panel of judges using a secret meat and dairy product. You don't even need to be in a cooking project to participate, so gather a few of your friends and join us for our Cooking Craze competition!

**TBD- We may be adding new categories this year! We will email out any updates as they become available.**

**If you are interested in helping us plan this event please contact Aubrey at [aefurukawa@ucanr.edu](mailto:aefurukawa@ucanr.edu).**

**Date:** March 9, 2019, During Home Ec. Review

**Time:** TBD

**Teams:** Up to 2 teams per Colusa County 4-H Club, with 2 to 4 members and 1 adult supervisor.

**Secret Food Item:** Each time will be provided with 1 secret meat product and 1 secret vegetable with drawing of a bonus dairy item. (Advice will be provided if the teams are unfamiliar with the preparation of the food item)

**Judging:** There will be 3 independent judges. With one being a celebrity judge from a local restaurant here in Colusa!

Cooking will be indoors, with outdoor space available if needed for outdoor cooking equipment (BBQ's, etc.)

Additional items provided to each team include: Electric cooking pan, food preparation gloves, trash cans and bags, ice, fire extinguisher, basic seasonings (shared amongst all teams), preparation table and a first aid kit.

### **Recommended time schedule: (example)**

15 min – Introduction and Instructions

Timer starts

5 min—Plan dish

15 min-Prep meat for cooking

20 min-Cook meat

15 min – Finish dish

5 min – Plating dish for judging

**Judging starts**



### **The score card will be as follows:**

Taste/Flavor 50%

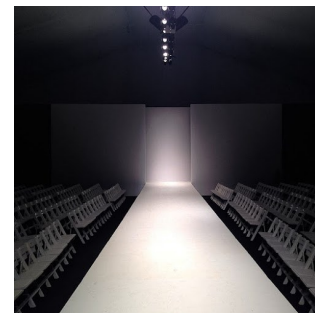
Originality 25%

Presentation 15%

Cleanliness 10%



# Fashion Review



The theme is “Fashion My Way”

**Date:** March 23, 2019

**Location:** CIP Conference Room

**Time:** 9:00 a.m.-1:00pm, Awards ceremony to follow fashion runway

**Participants:** Members DO NOT have to be in a clothing project to enter Fashion Revue, but will need to enroll in the county-wide fashion review project in 4-H Online. Each member may enter up to 2 outfits.

**Judging:** Participants will be judged on the craftsmanship of their outfit according to the Fashion Revue guidelines. Modeling is an integral part of the Fashion Revue and participants will be judged on their modeling. They are expected to participate in the fashion runway event. The full category guidelines can be found at: [http://4h.ucanr.edu/4-H\\_Events/SFD/SFR/](http://4h.ucanr.edu/4-H_Events/SFD/SFR/)

**Entries due online by:** March 15, 2019 by 5pm (**No late entries accepted!**) Paper Entry forms are available at the 4-H Office. Paper entry forms need to be turned in by 5pm at the office on March 8<sup>th</sup>. Enter online [here](#)

The outfit must be produced and modeled by the individual member during judging and the fashion show (not created for someone else). All outfits must meet the 4-H Dress Guidelines, found at <http://4h.ucanr.edu/files/210170.pdf>.

The 5 categories for 2019 State Fashion Revue are Traditional, Consumer Science Purchased \$40 limit, and the 3 challenges: The Box Challenge, Make It Mine Challenge and Retro/Historical Challenge. Only these 5 categories are included for 2019 at the state event. All entries in the state event must conform to the State Fashion Revue category rules.

Community Service opportunity – Pet Play Toys <http://4h.ucanr.edu/files/287220.pdf>

## Event Schedule

9:00 – outfits will be judged flat on tables

10:00 – Showmanship with members and outfits

11:00 – Fashion runway starts

12:00 – Refreshments/Tabulations

12:30 – Awards ceremony

## Traditional category

Participants in this category will construct garment(s), showcasing sewing skills and the ability to coordinate an outfit. The outfit must contain at least one constructed garment; participants are encouraged to construct additional garments to complete the outfit. The garment(s) in this category must be sewn by the member as part of the Clothing & Textiles/Sewing Project.

## Consumer Science Purchased, \$40.00 Limit

Participants in this category will shop for an entire outfit with the total cost not to exceed \$40.00, including shoes but not sales tax. Receipts from the current 4-H year are required for any item that is visible. Gifts, prior purchases, and items without receipts are not eligible for this category. Receipts from yard sales, etc. may be hand written. The member should consider value vs. cost, versatility, the shopping experience, and coordination of the outfit within the cost limit. There is no 4-H project requirement; any 4-H member may enter this category.







# Fashion Review



## **Box Challenge** For 2019: Red, White & Blue

Participants in this challenge will sew one or more garments that contain 3 colors – red, white, and blue. If one garment is sewn it has to contain all 3 colors. If more than one garment is sewn, the sewn garments together must contain the 3 colors. The fabric(s) may contain other colors but the predominant colors must be red, white, and blue.

In addition, choose from the following elements that are in your box. Junior members must include at least one in their sewn garment(s). Intermediate members must include at least two. Senior members must include at least three. The garment(s) must be sewn by the member as part of the Clothing & Textiles/Sewing project.

In the box:

Buttons- must use at least 3 red, white or blue or combination. For Juniors they may be decorative. For Intermediates and Seniors, they must be functional.

Zipper- red, white or blue; functional not just decorative.

Trim – red, white or blue or a combination of colors – for example: rickrack, lace, piping, braid, bias tape binding, etc.

Contrast exposed lining (that shows) – for example: rolled up sleeves or pant legs

Collar, ruffle, or set-in sleeve

Handmade accessory – red, white, or blue, or combination of these colors

## **Make It Mine Challenge**

Participants in this challenge will alter a commercial pattern or make your own pattern to achieve the fit and style you desire in a garment of your choice.

Option 1. Start with a fashion design drawing. Submit a picture of it.

Option 2. Start with an idea of what you want to make. Submit the written description.

Find a commercial pattern or patterns, or draw your own pattern to create a wearable garment. If you use one or more commercial patterns, submit the pattern number with a picture of the envelope front. Tell which part you used (skirt, sleeve, front with collar, pant leg, etc.). Tell how you modified the pattern to fit you or to create the look you wanted. If you draw your own pattern, tell how you made your pattern and how you figured out the instructions for creating your garment(s). There is no 4-H project requirement; any 4-H member may enter this category.

## **Retro/Historical Challenge**

Participants in this challenge will create an outfit that is inspired by or looks like an old design using new fabric and notions. For this category, the design should be from before the year 2000. The entry must state the year or period of the design and include a drawing, photo, or description of the classic design that is being reproduced or duplicated. Add accessories to complete the outfit that are reminiscent of that time period. The outfit must feature at least one handmade garment made by the member. Other pieces of the outfit must be representational and recognizable as belonging to the same era as the hand made garment. The garment(s) in this challenge must be sewn by the member as part of the Clothing & Textiles/Sewing Project.







# 4-H Council Meetings & Colusa County Fair Horse Show



## 4-H COUNCIL

The 4-H Council assists the University of California Cooperative Extension in planning, promoting, and carrying out 4-H youth development work, by operating in compliance with UC policies and the Mission, Core Values, and Framework of the 4-H Youth Development Program.

Council members are encouraged to participate in the decision making for program operations, and the Council raises funds to support 4-H at the County level.

Council develops mechanisms for providing training and support of adult volunteers and youth.

Is your Club represented at Council meetings?

Club	July	Sept	Nov.	Jan.
Arbuckle	X	X	X	X
Colusa Community	X	X	X	X
Colusa Swine	X	X	X	X
Maxwell	X			
Princeton	X	X	X	X
Williams		X	X	X

The next Council meeting is Wednesday, March 20, at 6:30 p.m. in the CIP Conference Room. Please contact your Community Club Leader if you are interested in being involved with your 4-H Council. We encourage participation of all leaders, members, and parents.

## COLUSA COUNTY FAIR HORSE SHOW

It's Horse Show time! The Colusa County 4-h Horse Projects would like to invite all of our young horse lovers and their families to come and join us at the 14th annual Colusa County Fair Horse Show! The show is scheduled to take place on Saturday, April 27, beginning at 9 a.m. in the T.K. Marshall covered pavilion at the Colusa County Fairgrounds.

There will be GREAT goodie bags and prizes, beautiful rosette ribbons, high point buckles, and reserve awards in each of eleven divisions. Classes in all Western events, including 5 gymkhana events, will be offered. This is a great chance to compete in a fun and friendly, family-centered horse event! This show is NOT limited to just 4-H members-it is also open to the general public for youth 18 & under in Colusa, Butte, Glenn, Yolo, and Yuba Sutter counties. FFA riders are welcome to enter in all open classes as well.

For more information or to obtain an entry form, please contact Dale Martini at 680-2410. We also need sponsors for buckles and prizes, so if you can donate, please contact Dale Martini at 680-2410 or mail donations to Horse Show, P.O. Box 807 Williams, CA 95987. Please make any donation checks payable to Colusa County Fairgrounds





# Committee Help Needed & School Enrichment

## HELP OUT ON ONE OF OUR COMMITTEES!

The Colusa County 4-H Council has designed committees open to any and all **youth and adults** who participate in the 4-H Program. The goal of the committees is to provide leadership by developing and implementing new ideas and events. All the committees work in partnership with the 4-H Council and 4-H Youth Development staff, the bulk of the decision making, planning and implementation lies in the hands of the committee. This structure allows for input from both adults and members in crafting the programs and managements strategies to best serve the needs of the 4-H community. When possible, senior members should be appointed committee co-chairs. Sign up for one or more [here!](#)

**Family & Consumer Science** – Helps with Craft Expo, Home Ec Review/Cooking Craze, Fashion Review and the Colusa County Fair Still Exhibits. The committee plans where events will be held and makes changes to information given to members and evaluators at the event. After each event the committee meets to review evaluations to see if changes need to be made, and help incorporate new ideas.

**Leadership** – Helps with County Presentation Day, County Ambassador Program, Scholarships for Higher Education, Record Book judging, and Community Service Learning Projects. The committee helps design applications, plan out various events and helps provide feedback and input about the events.

**Animal Science** – Helps with Small Animal Field Days, Colusa County Fair Livestock Barn Duties, Horse/Dog Shows, and other animal related events. Members help with the planning of events and help develop new ideas for future events.

## SCHOOL ENRICHMENT

This year we are launching some of our new STEM school enrichment kits available to all teachers in Colusa County!

Entomology in the Classroom (recommended grade range 3-6<sup>th</sup>) – This 6 part series teaching youth about the fascinating world of insects through learning about their different parts and stages of life through a hands on live lifecycle in your classroom! The series includes, Painted Lady Butterflies, Ladybugs, Silkworms, Praying Mantids and Ants. You can choose to have all of the kits or just one if you like, each kit is \$20 to cover the costs of the live animals and refilling the kit.

Junk Drawer Robotics (recommended grade range 6-9<sup>th</sup>) – Teach youth how to build robotics with items you can find around your house! In Junk Drawer Robotics: Robots on the Move, you will design and build machines that roll, slide, draw or move underwater and explore robot mobility – movement, power transfer and locomotion. Each kit is \$25 to refill the kit with required supplies.

Chicks in the Classroom – Youth learn about the reproductive process of chickens as they study the development of chicks through their 21 day incubation process. Watch the chicks enter the world as they hatch right in front of your students eyes! Everything needed is included in this kit, teacher is responsible for supplying their own fertilized eggs, resources will be provided.

Check out our website to learn more about these exciting new kits!

School Enrichment website: <http://cecolusa.ucanr.edu/4-H Program/School Enrichment/>





# March Birthdays

## Happy Birthday To You!

♣**Abel Ramirez** ♣ **Alaina Torres** ♣ **Alexander Taylor** ♣ **Allison Traynham** ♣  
♣**Alondra Melendrez** ♣ **Angelo Jacobson** ♣ **Audrey Dearson** ♣  
♣**Braelyn Santana** ♣ **Brody Wright** ♣ **Cade Smith** ♣ **Calin Nall** ♣  
♣**Carlie Charter** ♣ **Colt Montgomery** ♣ **Elizabeth Quintana** ♣  
♣**Guadalupe Espinoza** ♣ **Hannah Grimmer** ♣ **Ivan Deardorff** ♣  
♣**Jessie Gibbons** ♣ **Jose Olivares** ♣ **Joseph Jacobson** ♣ **Joyce Chavez** ♣  
♣**Julianna Dorantes** ♣ **Kelli Joel** ♣ **Ky Watson** ♣ **Lilyana Perez** ♣  
♣**Mallori Garofalo** ♣ **Marissa Rodriguez** ♣ **Mikayla Frantz** ♣ **Mira Azevedo** ♣  
♣**Deyton Miller** ♣ **Reese Cunningham** ♣ **Rocky Baird** ♣ **Rowdy Moore** ♣  
♣**Shelby Dunlap** ♣ **Tallula Sullivan** ♣  
♣**Turan Welcome** ♣ **Zachary Wilderman** ♣

## COMMUNITY SERVICE OPPORTUNITIES!

The Colusa County Farm Bureau is having their annual Local Bounty Fundraiser on March 7 at the Main Exhibit Building at the Fairgrounds. They would like some 4-H members to come dressed in their 4-H uniform and help serve hors d'oeuvres. If you would like to help out, you would need to be at the Main Exhibit Hall by 5:10 on March 7, as the event starts at 5:30, and they would like to get everyone organized before it starts.

The Farm Bureau will also accept any donations of homemade cookies for the event. If you wish to provide cookies, please have them at the Main Exhibit Hall by 4 p.m. on March 7.

Please let them know at the number or email below if you plan to participate. And, if you have questions about the event, please contact Melody Johnson or Monica Sankey at 458-5130, or email [melody@colusafarmbureau.com](mailto:melody@colusafarmbureau.com)





# THE 4-H PLEDGE

Every day I use what I  
learned and practiced in 4-H.  
It was the best activity of my  
youth and life!  
-4-H Member

I pledge my...

**HEAD** to clearer thinking,  
**HEART** to greater loyalty,  
**HANDS** to larger service,  
**HEALTH** to better living,  
for my club,  
my community,  
my country,  
and my world.

Yo prometo

**mi mente** para pensar claro,  
**Mi corazón** para ser leal,  
**Mis manos** para servir mejor,  
y **mi salud** para vivir mejor,  
en mi club,  
mi comunidad,  
mi nación,  
y mi mundo



**University of California**  
Agriculture and Natural Resources



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UCCE COLUSA COUNTY 4-H OFFICE  
100 Sunrise Blvd, Suite E  
Colusa, CA 95932  
530.458.0570

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