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UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

4-H Youth Development Program

Colusa County 4-H Newsletter

HAPPY NEW YEAR

January 2021

Colusa County 4-H Calendar

UPCOMING EVENTS

January

4th - Colusa Primary Meeting 6:00

4th - Colusa General Meeting 6:45

6th - Maxwell Club Meeting 6:00

WASHBURN LARGE & SMALL ANIMAL FIELD DAY - Postponed to February 20th

11th - Princeton Club Meeting 6:00

11th - Arbuckle Club Meeting 7:00

13th - Colusa County Leadership 6:00

20th - Council Meeting 6:00

24TH-Window Displays for CC 4-H Week must be up!

24th-29th COLUSA COUNTY 4-h WEEK!!

Cash's Corner & Quick Links:



WASHBURN AG LARGE & SMALL ANIMAL FIELD DAY POSTPONED TO FEB 20TH

In-Person Meeting Occupancy Guideline Chart

February

1st - Colusa Primary Meeting 6:00

1st - Colusa General Meeting 6:45

3rd - Maxwell Club Meeting 6:00

8th - Princeton Club Meeting 6:00

8th - Arbuckle Club Meeting 7:00

10th - Colusa County Leadership 6:00

13th - Colusa County Presentation Day

20th - WASHBURN LARGE & SMALL ANIMAL FIELD DAY



2021 Virtual Youth Summit
March 26-28, 2021
Ages 11-13



2021 Virtual State Leadership
Conference
July 23-25, 2021

COLUSA COUNTY 2021
PRESENTATION DAY-
FEBRUARY 13TH!

Club 2020/2021 Meeting
Schedules with Zoom Call
Information Below:

Arbuckle Club Meeting
Schedule

Colusa Club Meeting
Schedule

Maxwell Club Meeting
Schedule

Princeton Club Meeting
Schedule



January
24th-29th

COLUSA COUNTY 4-H
WEEK

January
24th-29th





COUNTYWIDE PRESENTATION DATE PLANNED FOR PRINCETON HIGH

Date: February 13th, 2020

Time: 9am - 2pm

Location: Princeton High School

Registration Due: January, 31, 2020 by 5pm

Public speaking continues to be a cornerstone of the 4-H Youth Development Program. Presentation Day has expanded to include various public speaking formats, such as Demonstration, Illustrated Talk, Science or Engineering Presentation, Educational Display Talk, Informative Prepared Speech, Persuasive Prepared Speech, Impromptu Speech, Interpretive Reading, Share The 4-H Fun Skits, and Cultural Arts. For more information and guidelines on Presentation Day, view the California 4-H Presentation Manual [here](#).

ALL 4-H members are welcome (any age!).

REGISTRATION WILL OPEN SOON. A SEPERATE EMAIL WILL BE SENT TO YOUR EMAIL ON FILE.

If you are interested in volunteering as a room host, teen evaluator, or adult evaluator, sign-up by emailing [here](#).

Questions? Contact the 4-H Office at (530) 458-0570 or e-mail the @colusa@ucanr.edu.



Club Project Highlight!

PRINCETON 4-H

ARTS & CRAFTS PROJECT MEETING



PRINCETON 4-H Arts & Crafts Project had an awesome opportunity to learn about Owl digestion & enviro habits with **Sacramento Wildlife Refuge** Biologists via Zoom! Check out future opportunities like these by following the facebook page @sacramentonationalwildliferefuge.



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Instagram icon Facebook icon #COLUSACOUNTY4H

In-Person Event Occupancy Update

Occupancy Limits for UC 4-H Activities and Programs

- ✓ When meeting in-person, limit occupancy based on the Occupancy Limit table below.
- ✓ The county's status is posted on the State of California's [Blueprint for a Safer Economy](#).
- ✓ This status is updated every Tuesday.
- ✓ The county status must be checked 7 days before an in-person meeting for any changes.
- ✓ Ensure the facility will allow for physical distancing with 36 square feet per person.
- ✓ If there is not enough space for 36 square feet per person, the project leader must reduce the number of people or identify a different facility.

County Tier Status	Indoor	Outdoor
Widespread (purple)	NO indoor in-person meetings, programs, or workshops	Maximum 10 persons Maintain 6 ft. distance between all participants during activity.
Substantial (red)	Capacity = Area of Room / 36sq. ft. per person or maximum 25% of room capacity, whichever is lower. No more than 100 people.	Maximum 100 people Maintain 6 ft distance between all participants during activity
Moderate (orange)	Capacity = Area of Room / 36sq. ft. per person or maximum 50% of room capacity, whichever is lower. No more than 200 people.	Maximum 200 people Maintain 6 ft distance between all participants during activity
Minimal (yellow)	Capacity = Area of Room / 36sq. ft. per person or maximum 50% of room capacity, whichever is lower.	Maximum 50% of space Maintain 6 ft distance between all participants during activity

New In-Person Occupancy Limits

All Volunteers should have received an email on November 15th including the Occupancy Limits for UC 4-H Activities and Programs, as well as other resources for in-person and virtual programs.

AS OF November 24th, Colusa County has moved into Tier 1 or the Purple Status. Currently in-person, indoor activities are not allowed and outdoor in-person activities are limited to 10 persons. (see Occupancy Limits for UC 4-H Activities)

Resources:

1. Symptom Survey: <https://ucanr.edu/sites/UC4-H/files/338458.pdf>
2. Attendance Log: <https://ucanr.edu/sites/UC4-H/files/338460.pdf>
3. Procedures for 4-H Meetings during COVID-19: <https://ucanr.edu/sites/UC4-HResources/files/332080.png>
4. Planning Strategies for In-Person Meetings: <https://ucanr.edu/sites/UC4-H/files/338461.pdf>
5. Strategies to Reduce In-Person Meeting Size: <https://ucanr.edu/sites/UC4-H/files/338462.pdf>
6. In-Person 4-H Meetings during COVID-19 FAQ:

Click to Download
Occupancy Limits for UC

Washburn Ag Large & Small Animal Field Day



FIELD DAY POSTPONED - NEW Tentative Date - February 20, 2021

The second annual, Washburn AG Large & Small animal Field Day is quickly approaching!

This Countywide field day will take place at Washburn AG in Arbuckle, CA on February 20th. Pre-registration is required, follow this easy link to complete!

[Click to Register Now!](#)

From the State 4-H Office

Supporting Youth Through the Pandemic

The attention and care of adults to support youth has never been a greater need. Your skillful presence is ESSENTIAL to their well-being.

We're so pleased to be offering a video series featuring Dr. Chelsey Hauge of Positive Parenthood. The video series is for 4-H volunteers, parents, guardians and UC ANR employees who want to know specific strategies to help youth, as well as the caring adults in their lives, cope and thrive during these challenging times.

This 6-part video series is hosted on the *California 4-H YouTube Channel*. Each video is between 10 – 15 minutes with so many great actionable steps that adults can take to help support youth when they have tricky behaviors.

December videos live now:

- [*Stress in Children*](#)
- [*Presence and Praise*](#)
- [*Positive Opposites*](#)

Upcoming January videos:

- Reducing Conflict and Reinforcing Positive Group Dynamics
- The Three Yesses and Helping Kids Feel Felt
- Priming for High-Stress Events

In January, we'll be giving you a sneak peek about an upcoming opportunity for volunteers, parents, guardians and employees to receive additional support and coaching from Dr. Chelsey.

If you haven't yet checked out those **videos**, you don't want to miss it! And watch for the continuation of the series in early January as we help build calm and cooperative families, groups, and communities.

4-H Nominees for National Ag Day Program

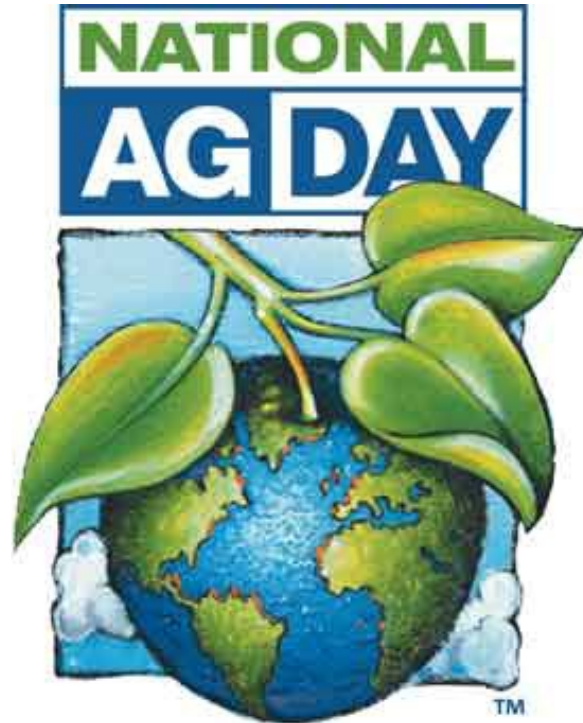
National 4-H Council is pleased to offer an agriculture leadership opportunity for 10 students to represent 4-H during the 2021 National Ag Day Student Leadership Program. The program prepares and engages young people to raise awareness of the importance of the agricultural industry and its impact on our nation's society and economy. This annual program will be held virtually in March 2021.

Nominations are now being sought for the program. Each LGU may nominate up to two delegates to represent 4-H.

4-H representatives should:

- Be between the ages of 18-23 and enrolled in post-high school education
- Be 4-H alum or currently active in collegiate 4-H
- Have a strong interest and/or career plan in the agricultural industry
 - Have the desire to learn about communication and leadership skills
- Be able to participate in all of the virtual sessions (listed in agenda)

Please ***click here*** for additional details and the tentative agenda. Nominations are due by **Friday, January 15, 2021**.



February 20, 2021: Equine Public Speaking Contest
March 13, 2021: Equine Field Day
May 15, 2021: Hippology Contest
May 16, 2021: Horse Judging
June 21-27, 2021: California 4-H Classic Horse Show



UNIVERSITY OF CALIFORNIA 4-H PRESENTATION MANUAL



Revised November 10, 2020

ALL NEW!! UC 4-H Presentation Manual revised November 10, 2020

UC 4-H Presentation Manual

SIGNIFICANT EDITS

Section 1

- Reorganized Section 1 content to align with evaluation forms.
- Changed terminology to 4-H Presentation Days **Events**.
- Included information on how to adapt for virtual presentations.

Section 2

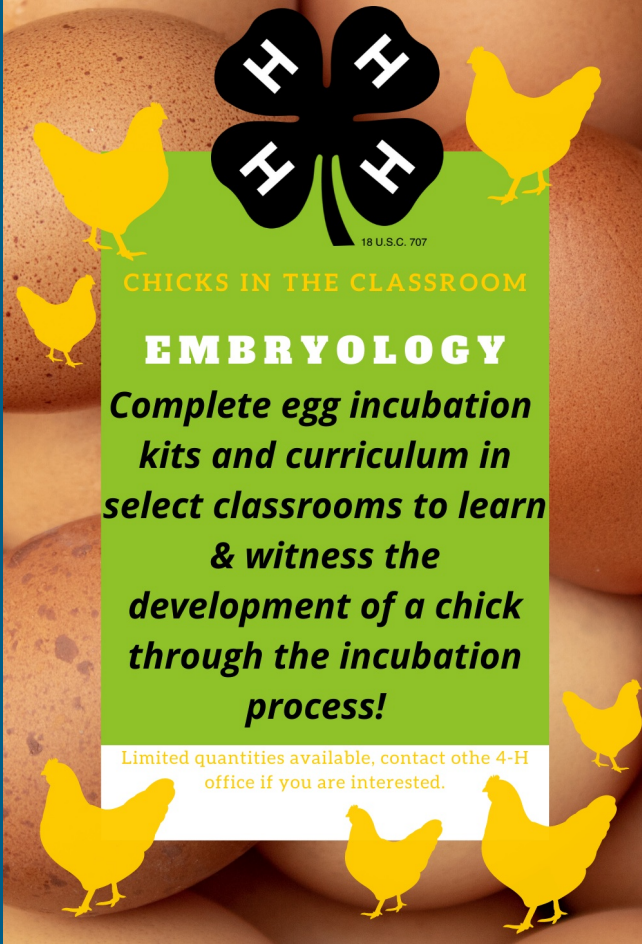
- Allow all **blue** and **gold** awards to progress from county to regional; and regional to state.
- There are no stated limits on the number of presentations a UC 4-H member may enter at a presentation event.
- Removed all rules around costumes.
- Primary members are not permitted to present at the state 4-H presentation event (up to each county & regional whether permitted).
- Photos and video permitted by parents/guardians (if not distracting).
- Clarification on content: *The UC 4-H program promotes diversity of opinions and free speech, while UC 4-H also aspires to create a welcoming environment committed to the highest standards of civility, respect, and decency. We request youth refrain from including overtly religious topics and political campaign messages in their 4-H presentations.*
- Merged “Demonstration” and “Illustrated Talk.”
- Added diagrams for some presentation formats.
- Evaluation forms modified slightly.

Section 3

- Included a page describing youth room host responsibilities.
- Slightly revised evaluator information

Sections 4 & 5

- Text describing how to adapt the presentation program to primary members.
- Primary member sample feedback form.
- 4-page worksheet to help new members plan a presentation.



Embryology in the Classroom

We have one incubator and a full curriculum available for a 2nd-4th Grade Colusa County Classroom available for Spring! There are only a few responsibilities for a participating Classroom;

- Purchase or locate a donor of 18 "fertilized" chicken eggs (Jennifer Diaz Owner of Rosita Ranch has kindly offered to donate these!)
- Monitor the temperature & humidity (water levels are the key) of the incubators
- Identify a home for the hatched chicks at the end of the 6 week program (both Rosita Ranch & Griffs Feed & Seed has offered to receive the chicks)
- Clean the incubator with supplied disinfectant wipes

If you or your classroom might be interested in this awesome program, please e-mail us as soon as possible!

[E-mail Us!](#)

Colusa County 4-H Clubs Meeting Schedule

*All Clubs will be meeting via Zoom Virtual Conferencing until further notice. ZOOM information can be found on the Club Meeting Schedules attached below.

Arbuckle 4-H Club
2nd Monday of the month, 7:00 p.m.
[Meeting Schedule](#)

Maxwell 4-H Club
1st Wednesday of the month, 6:00 p.m.
[Meeting Schedule](#)

Colusa 4-H Club
Varying Mondays, 6:45 p.m.
[Meeting Schedule](#)

Princeton 4-H Club
2nd Monday of the month, 6:00 p.m.
[Meeting Schedule](#)

[For More Information](#)
[Click here to e-mail the 4-H Office.](#)

I PLEDGE
MY HEAD
to clearer *thinking*

MY HEART **to**
greater
loyalty

 **MY** TO
HANDS **LARGER SERVICE**

MY HEALTH
to better living

FOR MY CLUB *& MY*
MY COMMUNITY
MY COUNTRY *WORLD.*

Yo prometo

mi mente para pensar claro,

Mi corazón para ser leal,

Mis manos para servir mejor,

y mi salud para vivir mejor,

en mi club,

mi comunidad,

mi nación,

y mi mundo